

# Field Day Social Story



# My school is having a Field Day on Thursday June 12!

Field Day is a day students and family volunteers can play in the Upper Uppers!



On the morning of Field Day, I will dress for playing outside. This might mean I wear a sun shirt or sunscreen. Sometimes it rains on Field Day and I might wear a rain jacket.

When it is my grade's turn, my teacher will take us up to the Upper Uppers. I can bring my water bottle, or I can use the drinking fountain by the edge of the field if I get thirsty.



The playground equipment will be closed for this event. I might feel disappointed not to play on the playground, but I will listen to what other fun things I can do at Field Day.



Other classes in my grade will also be at the Upper Uppers, as well as other parents and adult volunteers there to help us have a good time.







When we get to the Upper Uppers, Mr. D will explain all the activity stations. While he is talking, it is important for me to listen to the instructions and let my classmates also hear the instructions.



I will save comments and questions until Mr. D is done explaining. When he is done, I can ask my teacher or any adult my questions.

In the field, there will be many stations for us to go play at. Each station will have an adult to explain how to do the activity. I will follow their instructions. We will take turns for the games.



If there are more than 10 kids in line waiting for their turn for a game I want to play, I will go find a different game and come back when the line is shorter.

- The goal of Field Day is to have fun.
- I will try to play all the games I want to.
- I don't have to do everything.
- I can do something twice if everyone else who wanted to try it has gotten a chance.
- I can try new things.
- I can rest when I'm tired.
- I can drink water when I am thirsty.



After an hour in the field, our teacher will take us back to class.



## Here are some of the games & activities that might be at Field Day:



**Tug-O-War:** two teams on either end of a rope try to pull the rope towards their side



**Water Balloon Toss:** toss the water balloons without breaking them

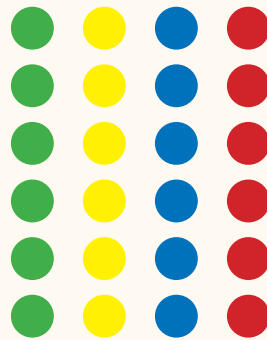


**Potato Sack Race:** see who can hop the fastest while their legs are in a bag

**Buried Treasure:** 30 seconds to dig for treasure in a tub of beans



**Ball Bounce:** bounce along on a big ball



**Twister:** try not to fall down while instructed to put your hands and feet on different colored dots on a mat



**Hula Hoops:** how long can you hoop?

**Obstacle Course:** get through all the obstacles



**Bubbles:** make bubbles



**Giant Ball:** move it as a team



**Tents & Tunnels:** crawl through tunnels